



Cumbernauld Old Parish Church



Newsletter – November 2023

Greetings!

Falling leaves and falling temperatures mean only one thing – autumn has arrived. The clocks have changed, we are no longer in British Summer Time, and the evenings are getting progressively darker.

But if that is a description of what is happening outside, it is also true that we are beginning to see signs of light and life happening inside – our TV screens have started showing their Christmas adverts, our shops are becoming decorated with festive bunting and lights, and as you will notice as you read this magazine, our Dates For Your Diary page has details of lots of activities planned for December as we enter the season of Advent and Christmas.

There's fund-raising and gift-giving, the singing of favourite carols and also a time for reflection and remembering in our Rainbow Service. There's a united service with our partner church at Kildrum and Saint Mungo's and an opportunity to worship the Saviour's birth on Christmas morning. All that and more!

Throughout our newsletter, the various articles provide more details of our church activities and we hope that you will see a church that is both very much alive and active, one that looks forward as well as back, and one that continues to look outward as well as inward.

Light and life are very much the themes of the season and it's easy to see why the early church adopted the Roman winter solstice festivals for Christian use – these celebrated the 'rebirth' (as it were) of the sun and served as a reminder that the darkness of winter won't last for ever. (continued >>>)

Just as the winter solstice heralds the coming of spring, so we celebrate the birth of the One who was called the Light of the World and who offers everyone what he called 'Life in all its fulness,' an expression that means abundance or completeness.

Jesus Christ truly is the 'light that shines in the darkness' and the One whose presence gives us hope amidst the uncertainty that can so often surround and threaten to overwhelm us.

No-one would deny that there is a lot of uncertainty around in the wider church at the moment; we are all trying to work out what the church will look like in the future with fewer members and fewer ministers, but we need to remain conscious of that Light which the darkness has never been able to overcome. God's presence is eternal and goes before us and that is what keeps us going as we seek to reorganise and rebuild.

Jesus said, "Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit. Whoever loves his life loses it, and whoever hates his life in this world will keep it for eternal life." (John 12: 24)

We are grateful for the life of the church today, for all that the church is doing in Jesus' name, both here in Cumbernauld and throughout the world, and we look forward in confidence and hope to what new things God will do with us and through us in the months and years to come.

A final word from the Book of Revelation: *And the one who was seated on the throne said, "See, I am making all things new." Also he said, "Write this, for these words are trustworthy and true."*

May we all see the light of Christ and be drawn into the life of Christ this Advent and Christmas. (Ivar Struthers, Magazine Editor)



Cumbernauld Trinity Parish Church

Cumbernauld Old and Kildrum and St Mungo's parish churches are pleased to announce that the new name of our joint church when we come together in union will be Cumbernauld Trinity Parish Church.

This decision has come after several rounds of voting by the congregations, and there was an overwhelming majority for this name from the votes on Sundays 15th and 22nd October.

The new name will not be used officially until after the Service of Union, which will take place early next year. Thank you to all who participated in this process and voted over the last few months.

There is a lot of work currently being done – and much still to be done – in terms of the details and practicalities of the union itself, and we'll keep everyone posted when there's more news to share. Meanwhile, please keep everyone involved in your prayers during this complex process.

Sacrament of Holy Communion



The Sacrament of Holy Communion will be celebrated
in Cumbernauld Old Parish Church on
Sunday 3rd December at 11.00am.

All welcome!



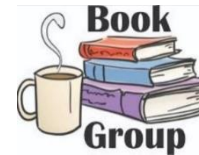
The Craft Group meet regularly on Thursday afternoons and work on a variety of projects, including knitting, crochet and paper/card crafts.

We also continue our ongoing projects of knitting & crochet items for the premature baby unit. Thanks to everyone who has donated wool, patterns, needles and

other craft items.

The group plans to have a table at the church car boot sale at the end of November, selling various handmade items for local charities.

Everyone is welcome to join us at the church Session House on Thursday afternoons 1pm – 3pm.



Do you like to read and enjoy talking to others about books? Then this group could be for you!

We meet on the first Tuesday of the month at 2pm in Cumbernauld Old Parish Church. The group is supported by the local library and led by Moira, one of

the librarians, who brings copies of the book for everyone, and we have read quite a varied selection this year.

The next meeting will be on Tuesday 5th December when our November read, *The Undiscovered Deaths of Grace McGill*, by C S Robertson will be discussed, and a new title will be distributed for discussion at the first meeting of 2024 on 9th January.



Cumbernauld Old Parish Church continues to support Cumbernauld and Kilsyth Baby Bank which is always in need of donations of clean, good quality children's clothing and shoes and new underwear. The kindness and generosity in this community is immense – we know times are tough for so many, but if you are able to help, they would be so very grateful of your support.

There's a box where you can place your donations at Church every Sunday, so any help at all would be very welcome.



Food Bank Winter Update

The Village Food bank remains open each Thursday morning in Cumbernauld Old Parish Church from 10.30 – 12.30. Although the numbers attending are less than pre-Covid times, there is clearly still a need, so we remain committed.

Harvest Sunday

The response to our Harvest Appeal, held on Sunday 1st October was wonderful. So many donations of various foods and toiletries as well as cash totalling £60. This support will make a tremendous difference to the work of the food banks both in the Village and at Bethlehem House of Bread at Cornerstone especially as the colder months are almost upon us.



The generosity and kindness consistently shown by our congregation and community is greatly appreciated by all associated with the food bank. And for that please accept our heartfelt thanks.

Our Bibles tell us that everything belongs to God, but we are entrusted to share it wisely and responsibly – to be good neighbours, to notice, to stop and to act justly.

Each Harvest donation is a fitting example of not just sharing resources but also showing the love and hope of the gospel.

Christmas Gift Appeal 2023

We look forward with joy and hope to celebrating our Saviour's birth at Christmas and what this means to us as Christians. Yet we are mindful of those less fortunate in our midst who struggle to find the joy and hope or indeed the peace of Christ's birth.

'Emmanuel' means God is amongst us. What better way of showing God's love than to share it with those we encounter.

At worship on Sunday 10th December we will be holding our annual Christmas Gift Appeal in support of the food banks both here in the Village and at Bethlehem House of Bread at Cornerstone Church.

If you are able, please bring your donations along to Sunday worship on the 10th. Gifts for all ages are welcome, preferably unwrapped (to allow for easier distribution). A special request for gift vouchers for teenagers has been made, which is something I think we can all understand.

Grateful thanks for all your steadfast support for the food bank throughout the years, both practical and in prayer. Your response especially during our special appeals has been nothing short of amazing and it's never ever taken for granted. Your compassion and generosity make a difference and it's a privilege to witness that first hand.



Kildrum and St Mungo's Church is holding a Christmas Fayre on **Saturday 2nd December** between 10am and 1pm. Tickets are £3 / adults or £1 / Children and includes cakes and tea / coffee. Donations of home baking would be appreciated also any unwanted gifts sets can be given to Maria. There will be a craft table, Christmas hamper, tombola, and floral table decorations available for sale. Hope to see you there!

Mission in Action

In May and June 2023, two members of the Mission in Action group attended the Pioneering Mission workshops delivered by Forge Scotland at Partick Victoria Park Church along with two members of the congregation of Kildrum and St Mungo's. This was an interesting and informative experience. We had the opportunity to share faith journeys and experiences with the other participants. We looked at the stepping stones that church congregations can take towards more meaningful engagement with the communities they serve. We considered possible missional endeavours that work within a variety of communities.

On Saturday 9th September, four members of the Mission in Action group attended the Mission Possible conference at St Rollox Church in Glasgow. Martin Fair, a former Moderator of the General Assembly, was an inspiring keynote speaker. We each had the opportunity to choose two seminars and we attended a variety of those on offer. The purpose of these seminars was to allow the participants to become better informed about creating fresh expressions of church and to hear first-hand experience about different projects currently being managed by other church communities.

Having engaged in the aforementioned workshop and conference experiences, our next task is to discern the type of mission projects that will best address the needs of the community that our own church serves. We must consider also what missional endeavour will look like as we enter into union with Kildrum and St Mungo's, becoming the new church family of Cumbernauld Trinity.

To aid our understanding in this matter, on Thursday 14th September the members of the Mission in Action group met with members of the Transition group. This group is made up of members of Cumbernauld Old and Kildrum and St Mungo's churches. It has been tasked with managing the process of creating our new church identity as a union of three churches. We engaged in a very useful and informative discussion. (continued >>>)

On 6th October a draft Mission Plan was written by the Mission in Action group proposing missional projects we hope to take forward both within our church spaces in Cumbernauld Village and in collaboration with our fellow worshippers at Kildrum and St Mungo's.

The draft plan has been approved provisionally by members of the Kildrum and St Mungo's congregation who are responsible for developing missional endeavour. They have also incorporated into the draft plan projects that they hope to develop within the St Mungo's sanctuary at the Town Centre.

This draft plan has now to be considered by the Transition group and the Kirk Sessions at Cumbernauld Old and Kildrum and St Mungo's. We hope that our ideas for meaningful mission meet with the approval of all parties and we look forward to exciting times ahead as Cumbernauld Trinity, making a difference within the communities we serve. Please keep us in your prayers as we keep you in ours.

World Mission Used Stamp Appeal



As we have done in previous years, Cumbernauld Old is inviting you to collect and donate your used postage stamps, such as those you will get with your Christmas cards, for this year's Church of Scotland World Mission Used Stamp Appeal.

The proceeds from the 2023-24 Appeal will go to '*Firmly Planted*', a tree planting initiative in Malawi. Spearheaded by our partners in the Church of Central Africa Presbyterian, the initiative will resource individual groups to respond to the various challenges affecting Malawi today. More information is available at – <https://www.churchofscotland.org.uk/connect/campaigns/stamp-appeal>

We'll put a box for your stamps in the Church vestibule during December and January, so just pop them in when you're at church and we'll pass them on. Thank-you!

News from South Africa

The latest Partner Letter from Graham and Sandra Duncan

October 2023

Dear Friends,

Yet another year is drawing to a close and most of our academic activities have ended – except for exams and marking.

The Baptist College has three new staff members: Principal, Dr Darryl Soal; Registrar, Rev Mark Odendaal and Hangwani Mudau, Marketing and Admissions. Things have gone well throughout the year but there is a growing drift of students from contact to distance learning. Graham has learned some of the intricacies of recording his lectures.

St Augustine's College continues with serious discussion taking place concerning reintroducing undergraduate teaching in 2024. Graham has been appointed to represent the Senate on the Board of Directors which brings him more into management aspects of the college. We lost our Head of Theology through the retirement of Sister Dr Judy Coyle whose post has been taken by Father Martin Badenhorst.

Church work continues, though more so at Trinity: Lynwood where Graham is Interim Moderator. He and Andries Combrink, our stated supply minister have been conducting teaching services on the structure, meaning and theology of the Sunday morning service and the sacrament of Holy Communion. Recent special services have included the baptism of the grandchildren of the former minister, Rev Alan Cameron by Alan himself on 8 October, where Graham preached, and the ordination of a new elder, Dr Sonia Gammage, a lecturer in Greek at Pretoria University, by Andries on 15 October. As we look forward to the Christmas season we are planning a joint carol service with our Anglican neighbours at the end of November before our congregations disperse for the summer holiday season. As always that will be followed by a braai!

The vacancy continues with several problems including a shortage of applications due to a regular decrease in the number of ministers due to retirement and reduced numbers of applicants for ministry. >>>

Writing of ministry, our minister, Zwai Mtyhobile, has been appointed Ministry Secretary of the Church. This will mean changes for St Andrew's congregation, but we are not sure what the changes will be yet. Graham is already doing less work there due to his commitments at Trinity. This now means that all of our senior church officers were former students of Graham's: Zwai (Ministry Secretary), Lungile Mpetsheni (General Secretary) and Vusi Mkhungo (Clerk of Assembly).

In August, we had a visit from our friend, Heather Clark from Aberdeen. We spent a few days with her in Franschhoek, a lovely historic town near Cape Town. Then in September we spent a few days in the far north of the Kruger National Park with some friends to celebrate our friend Neil Krog's 40th birthday. We were on the border of Zimbabwe, Mozambique and South Africa.

Sandra continues with language correction for mostly PhD and Masters student theses and more recently some books and articles from academic staff. This second half of the year has kept her pretty busy with this work.

She continues with the support from Cumbernauld Old and Brightons churches to help Violet with the feeding project at Mamelodi and now with additional financial help from our sons in Brighton we have been able to now assist more children into school and further education. We are absolutely delighted with this furtherance of the project, because with an education it gives hope that these youngsters will eventually become self-supporting.

We would like to take this opportunity to thank all of the church members and congregations and David and Chris for their continued support as without them so much more many people would be suffering. It means so much to people here that they have such wonderful caring friends in the UK. So, from all of us thank you so very much.

With our very best wishes for the forthcoming Christmas and New Year!

Graham & Sandra

Mission Circle



In the last newsletter, we outlined a proposal to make it easier for members to donate to our Mission Circle. This was set up many years ago to support Rev Graham Duncan and his wife Sandra in their work in South Africa.

Over the years it has financed and supported a whole variety of projects which have helped to improve the lives of local men, women and children.

Now on the first Sunday of the month a big red bucket can be found in the church vestibule for those who wish to simply "pop in a pound" for South Africa.

In the five months since it started we have sent out a tremendous £210. That money has been used to buy warm clothing, hats and blankets. It has supplied bags of groceries to 12 needy families and senior citizens and two 3rd year ministry students also get financial assistance to allow them to continue their studies.

Currently our last two donations are being used to set up a holiday club to ensure that local children get at least one meal per day during the school holidays and also to provide activities to keep them off the streets. Violet, the Session Clerk in the local church, is stocking up on food and has purchased a variety of games and equipment to keep the children entertained.

Thank you so, so much for your support. It means so much to our friends in South Africa. Not just in practical terms, but in reinforcing the bonds of friendship that have developed over the years.

If you want to know more please speak to Elizabeth any Sunday.

Fair Trade



We are delighted to be holding our Fairtrade stall once again on the last Sunday of each month and are offering as always the chance to buy fairly traded food and gift items.

We hope to raise awareness of the need for more of the foods we take for granted in our supermarkets, such as bananas and chocolate, to be ethically traded. Purchasing items with the Fairtrade symbol ensure that farmers in some of the world's poorest communities are being rewarded with a fair price for their crops. In addition, the Fairtrade Premium also allows these communities to invest in their futures through, for example, better educational and medical resources and cleaner water.

Your kind donations have also allowed us recently to support the work of the British Red Cross as they bring much needed aid to victims of the earthquake in Morocco and the floods in Libya. We sent £100 to each emergency appeal.

We are delighted to be taking part in the forthcoming Christmas Fayre to be held at St Mungo's Church on Saturday 2nd December. We will be running a Fairtrade stall with festive foods and gifts.

Gift booklets produced by Gavin's Mill, the shop that provides our Fairtrade stall, will be available from the end of November in the Church vestibule. The booklet is entitled 'Gifts that Change Lives' offering gifts such as birthing kits for mothers in Nepal or supermarket shopping vouchers for Women's Aid. Buying these gifts allows you to purchase a present for someone this Christmas in the knowledge that you are also helping to improve the life of others both near and far in a really meaningful way.

We'd like to thank you, as always, for your Fairtrade purchases and for your donations. You are making a world of difference.



Property Report – October 2023

During the recent October storms the Manse experienced rain water ingress from the lead gutter at the front of the building to the Green Room and further water ingress down to the ground floor lounge bay window with part of the bay window ceiling collapsing onto the floor. An insurance claim is being looked into by the Treasurer.

The Church gas heating boiler has been replaced by Dents the Plumber on the 17th to 19th October with a new Worcester-Bosch gas boiler with a 12-year Parts and Labour warranty. The radiators have all been chemically cleaned and refilled with the addition of an Inhibitor to give further protection to the system. Dents have carried out a very good job. I would like to thank Elizabeth Snedden and her team of Wilma Sheppard and Jean Stevenson for opening up and closing the Church during the installation of the new boiler by Dents the Plumbers. This was very much appreciated as I was not fit to take on this action myself due to medical issues.

The Church, Session House and Manse annual Gas Safety inspections will be carried out on Friday 27th October by Dents the Plumber, and Landlord Certification provided by them for our Safety records.

The Church and Session House will have their 5-yearly Electrical Installation test (EICR) at the end of November 2023 to comply with current regulations. A further update on this will follow in the Spring edition of the magazine.

A quote is being sought from Watterson Exteriors for the annual Church and Manse rain-water gutter cleaning of leaves, etc.

Matthew Sime
Retiring Property Convener

Church Register

Baptisms, Weddings and Funerals

(conducted at Cumbernauld Old Parish Church,
or by the Ministry Team)

Baptisms: Alexander & Abigail Rose Oliver 10/09/2023

Weddings: None

Funerals:

	Date of Funeral
Jaimie Sinclair	14/08/2023
Allan Lindsay	17/08/2023
Fiona Marshall (for Kildrum and St Mungo's)	05/10/2023
John (Jack) Wilson	13/10/2023

Admissions by Profession of Faith:

Davina Clark 13/08/2023
Lorraine Quigley 13/08/2023





Fundraising Update

The Fundraising Team are almost at the end of a busy year filled with a varied programme of events which continued through the autumn with a mix of events and will end with a favourite Christmas Carols singalong.

October brought the rescheduled concert by the amazingly talented Bruadar Duo, featuring one of our talented organist team, Lynn Strang, on flute and Kieran McCrossan on classical guitar, and which had a programme of music from Scottish composers, Welsh folk songs, Romanian folk dances and music by Italian composer Roberto di Marino.



On 10th November we brought back by popular demand another Quiz Night chaired by popular quizmaster Calum Cormack. As always it was a fun-filled evening where we got to see just how competitive some of you can be!

We ended November by hosting a Car Boot and Table-Top Sale in the Manse Grounds and provided hot drinks to keep the bargain-hunters from being too chilled.



During the months leading up to Christmas we also sold Christmas cards, which have been popular and supported church fundraising over the last few years.



Our final event of this year takes place on Sunday 3rd December when we will have the opportunity to enjoy singing some of our favourite Christmas Carols. There are so many great ones that Advent never seems to be enough time to fit them all in. (continued >>>)

Finally, another reminder that Cumbernauld Old Parish Church is registered with Give As You Live. By using www.giveasyoulive.com you can then shop from many well-known online retailers with Cumbernauld Old getting a percentage from each purchase made.

Thank you to everyone who helps us support the church through fundraising; your support is very much appreciated.



Arria Voices

Arria Voices, Cumbernauld's newest community singing group, has now been up and running for over a year! We meet on Wednesday evenings from 7 - 8pm in Cumbernauld Old Parish Church. There is no audition and no need to be able to read music. New members are always welcome.

Our inaugural performance was on 13th December 2022. We joined David Swan and Friends for a fun evening of festive music. The 1st Cumbernauld Boys' Brigade also entertained us and we had a great time singing 'Feliz Navidad' with them! We also performed on 7th May this year as part of the Village community Coronation celebration in the Manse Garden.

Hear us in action at our Christmas concert! (details to be confirmed)

David and I (Lynn) are delighted to welcome Siobhan Argyle to the creative team behind Arria Voices and look forward to the next year of singing together!



Cumbernauld Village Community News

The Village Community Council has had a busy summer in the Cemetery and the Langriggs. We were delighted to finally open an extension to the allotments and have welcomed new plot holders who are making plans for the next growing season.

We have secured funding to continue with our improvements of the bothy in the Cemetery. We will be cleaning it out over winter, painting the inside and installing new shelving to home tools and other equipment. This will be a great help to the work that we, and our volunteers, do in the cemetery!

If anyone would like to join in with our efforts, please get in touch with Liz Snedden after church or email Lisa Snedden on villagecommunitycouncil@hotmail.com



Smart Savers



The fundraising group continues the 'Smart Savers' project to raise money for church funds. You are invited to take a tube of Smarties from the vestibule, enjoy the sweeties then fill the tube with 20p coins and return it to any of the office bearers. We very much appreciate your continued support with this fundraising initiative.

STOP PRESS – You might be interested to hear that, to date this year, the total raised through the Smartie tubes is an amazing **£379.19!!** Thank you all.

Dates for your Diary (correct at time of going to print)

Saturday 25th November	10.00am – 12 noon	Car Boot and Table-Top Sale, Manse car park, Baronhill
Saturday 2nd December	10.00am – 1.00pm	Kildrum St Mungo's Christmas Fayre, St Mungo's Church
Sunday 3rd December	11.00am	Sacrament of Holy Communion. Cumbernauld Old (also at Kildrum St Mungo's)
Sunday 3rd December	3.00pm	Christmas Songs of Praise, Cumbernauld Old
Wednesday 6th December	2.00pm	Adult Fellowship. This month's topic is 'Pilgrimage Experiences'. Meeting rooms at St Mungo's church
Sunday 10th December	11.00am	Gift Service. Cumbernauld Old. Toys (unwrapped) or gift vouchers will be forwarded to Bethlehem House of Bread food bank after the service.
Sunday 10th December	7.30pm	Festival of Light at St Mungo's Church
Sunday 17th December	11.00am	Joint Worship Service at Kildrum and St Mungo's
Sunday 17th December	3.00pm	Rainbow Service, for people who have been bereaved. Cumbernauld Old.
Sunday 24th December	11.00am	Morning worship. Cumbernauld Old
Sunday 24th December	6.00pm	Family Watchnight Service. Cumbernauld Old
	7.00pm	Family Watchnight Service. Kildrum and St Mungo's
Monday 25th December	11.00am	Christmas Day Family Service. Cumbernauld Old

Thank You!

Thank You from Julie

Thank you to everyone in the congregation who contributed towards a small gift for Julie Moody to thank her for her time, commitment and help during her two years as Interim Moderator at Cumbernauld Old Parish Church.

We sent Julie a nice bouquet of flowers and a 'Thank You' card with a voucher for Caulders Garden Centres so that she can choose what suits; lunch or afternoon tea in the restaurant, gardening items or a nice gift from the gift shop. Thank you again for all your kindness.

Julie has asked that I pass on her thanks to the congregation for the gifts. She said that the flowers were truly magnificent and came as a huge surprise. Julie wished you all to know that she continues to keep the good people of Cumbernauld Old Parish Church in her prayers.

Brian Smillie, Session Clerk



A Wee Contemplation Over Coffee or Tea

God's Promises To You

Gracious God, you are forever turning towards us in mercy and love. In a turning and changing world help us to find you at the centre of it all, for you have promised that in returning and rest, we shall find our salvation.

Through Jesus' precious name, Amen.

'I will comfort you...'

Isaiah 66:13

'I will strengthen you...'

Isaiah 41:10

'I will give you peace...'

Leviticus 26:6

'I will carry you'

Isaiah 46:4

'I will listen to you'

Jeremiah 29:12

'I will protect you'

Acts 26:17 TLB

'I will give you rest'

Matthew 11:28

'I will be with you'

Genesis 31:3

He will do all these things because He loves you so much.

'I have loved you with an everlasting love...' Jeremiah 31:3

Moderator of the General Assembly of the Church of Scotland A prayer for peace

'In days to come ... they shall beat their swords into ploughshares and their spears into pruning hooks; nation shall not lift up sword against nation; neither shall they learn war anymore.'

God, it is said that you are the peace that passes all understanding. We sit now, staggered at how quickly the fragile half-peace we had pieced together has unravelled.

The lessons we have so desperately needed to learn have been laid aside as the instruments of war begin their horrible, haunting reprise. Call us back to our senses.

For the angry, abused and frightened among us, who strike out in a distorted quest for victory, help us find ways to convince that there is no victory to be found in violence.

Peace-making is a daunting path to tread, especially when fear follows so closely behind, so breathe your loving spirit into our hearts and help us walk your way.

We pray ceaselessly for our family in Israel and Palestine, for we are all family and when one part suffers, we are all depleted. Peace in pieces is a collective, shared shame.

God, you are the peace that passes all understanding, so help us understand how to find you. *Amen*

Christian Aid - Prayer for the Middle East

God, hear our prayers for peace in the Middle East.

May all people in the region be protected, safe from harm.

We pray that this crisis will end now, with no further loss of life.

God, may the injured and distressed know your healing presence.

May the powerful and the decision-makers
follow the paths of justice, mercy and peace.

We pray for recognition of the dignity and value of every life.

May the clamour of violence cease,
replaced by the beating of swords into ploughshares.

God, in your name, *Amen*

Contact Details

Interim Moderator:	Rev Mark Malcolm	MMalcolm@churchofscotland.org.uk 07731 737 377
Team Ministers:	Rev Fiona Crawford	FCrawford@churchofscotland.org.uk tel: 0141 239 2140 / mob: 07801 855 314
	Rev James Gemmell	james.gemmell@churchofscotland.org.uk 07503 592 031
Deacon:	Valerie Cuthbertson DCS	01698 429232
Session Clerk:	Brian Smillie	01236 733510
Magazine Editor:	Ivar Struthers	ivar.struthers@btinternet.com

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Peace
JOY Hope
Love