

FOODBANK FRIENDSHIP DAY 2018

On April 6th, the foodbank in the Village marked three years of operating with a Friendship Day. Volunteers and guests shared a wonderful cake, complete with candles, cloutie dumpling and of course fellowship and stories.

Demand for the services of the foodbank has grown in recent months so the continuing support is greatly appreciated. Luke Chapter 6, verse 38: "*Give to others, and God will give to you.*" Thank you to all our friends.

Food parcels, made up with dried or tinned foods are per household. Included are supplies fresh items; bread and fruit. Donated fresh items are very varied — from bakery goods such as cakes and sausage rolls to dairy produce to meats, veg and ready meals etc. Each parcel is designed to last about three days — so contains on average two tins of soup, three tins with main meals e.g. tuna, hot dogs, meat pie, chicken casserole, tin of beans and tin of spaghetti, tin of peas or carrots, tin of rice or custard, fruit or jelly, packet of pasta and jar of sauce, breakfast cereal and often biscuits or jam. Coffee and tea are included less often — we rely on donations so can only give out what we get in.

As for toiletries and household cleaning items, they are given out once a month as needed — shower gel, deodorant, shampoo, laundry liquid, general cleaner, washing-up liquid, tooth paste and brushes, shaving kit and toilet rolls. Baby items are provided when needed as well.

Many thanks for all your donations of food, toiletries and cash. Your ongoing support is greatly appreciated. More volunteers at the foodbank would be very welcome. Please contact Sandra at (01236) 732280 if you are interested.